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Barriers to employment include:

- Incomplete schooling changing foster and kinship homes, breakdowns, anxiety, depression
- Never had a job
- Experience of childhood or adult sexual abuse
- Domestic and family violence and Intimate partner violence
- Social anxiety, general anxiety and depression
- Poor mental health
- Recurring trauma
- Poverty
- Homelessness
- Workplace bullying and sexual harrassment at work
- Carer responsibilities leading to long term unemployment
- Long term unemployment
- Lack of social connection and support networks





Some stats from our pilot and rounds 1 and 2:

100% of participants are more confident about their ability to find and maintain work

100% of participants have increased mental health and wellbeing

100% of participants can articulate their skill strengths and weaknesses

Of the 23 women and non-binary people who have completed the course:

- **14** have are in safe, stable, suitable employment
- **3** are enrolled in full time study
- 3 are working toward employment
- 3 have significant mental health issues that will for now exclude them from work